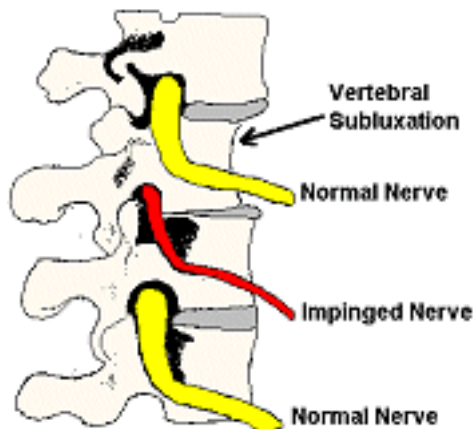


IMPROVING THE IMMUNE SYSTEM WITH CHIROPRACTIC

By Dr. Cathy

Chiropractic corrects spinal abnormalities called vertebral subluxations that result in interference of the nervous system by placing pressure on nerves. Since the nervous system controls all functions of the body, including the immune system, chiropractic care can have a positive effect on immune function.



During an immune response, the brain and the immune system 'talk to each other' and this process is essential for maintaining homeostasis or balance in the body. If the Nervous System is not functioning properly, then the Immune System cannot function at 100%, thus the body becomes fertile ground for bacteria, viruses and illness.

Children who have regular Chiropractic adjustments have fewer colds, ear infections and flu. **"People who receive regular chiropractic adjustments have immune system competency that is 200% greater than those who don't."**

(Dr. Ron Pero. New York Preventative Medicine Institute and Environmental Health at NYU)

Even though you are not sick, your body may be acquiring misalignments of the spine (subluxations) that are interfering with your nervous system and thus your immune system. Regular chiropractic check-ups can help you to maintain a healthy immune system and stave off illnesses or allergies. A chiropractic adjustment will restore the balance of your nervous system and restore the flow of energy and information throughout the body, thus validating one of the great benefits of chiropractic care.

True Chiropractic Healing is a system that treats the "Whole Person", body, mind and soul. Dr. Franklin has the Nerve to tell each patient that they have a right to be healthy and there are specific principles that create health and how you can learn and incorporate them at any age. To understand how your body responds to the internal and external environment is the key to understanding health and how you may become unhealthy and more importantly healthy again.

Taking care of your health is your responsibility and here at Absolute Health Chiropractic we teach you how. With knowledge and its application most health issues can be changed as the "whole person" gets into balance and creates harmony within and without. Dr. Franklin's office offers this type of healthcare and knowledge. We invite you to come in for a complimentary healing consult and find out how Dr. Franklin's healing can work for you.

