

DR. OZ ON CHIROPRACTIC BENEFITS

By Dr. Cathy

Chiropractic is the art and science of correcting imbalances in the body, mind and soul, so that the consciousness within is directed in the way it was meant to express; perfectly.

That being said, the general public is finally being exposed to the benefits of chiropractic by medically minded talk show hosts, such as Mehmet Oz, MD. Dr. Oz highlights a conclusive study that reports that chiropractic care can be just as effective in relieving back pain as over the counter medication.

I believe that although the following televised video with Dr. Oz and guest Chiropractor, Dr. Steven Shoshany, of NYC gives a rudimentary explanation of chiropractic; at least it stimulates investigation for thousands of back pain sufferers to consider chiropractic treatment. And from there, the door is opened to the vast health and wellness benefits afforded to those under chiropractic care. Enjoy the video, and I invite you to send me an email at askdrcathy@clear.net with any questions you may have regarding chiropractic.

[Video of Chiropractor Steven Shoshany on the Dr. Oz Show \(March 2011\)](#)

Wednesday, February 8th – Dr. Steven Shoshany will be appearing on the Dr. Oz Show for the second time to present his findings and demonstrate Chiropractic techniques.



ABSOLUTE HEALTH CHIROPRACTIC

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