

NEW YEAR – NEW IMAGE

By Dr. Cathy

Here we are at the beginning of 2012! A New Year always brings with it the hope of better things to come.

Positive change can begin with each individual. Our goal at Absolute Health Chiropractic is to help bring each one of our patients to **perfect health**.

The first step is knowing that gaining and keeping perfect health is possible! It can be done safely and naturally through Chiropractic. We give you the most current information concerning your health care so you can make the best decisions for yourself and your family.

The state of health care in our country is just one of many challenges we face, but it is one that can be corrected one person and one family at a time through knowledge.

How to get healthy and stay healthy is the key. As more people become proactive with their own health, our nations' health care system will morph into one that is truly geared for hinges it was meant to handle, such as injuries from accidents for example. Dis-ease control through invasive procedures and dangerous drugs are at the core of its activity today. An educated, healthy, and proactive population will change that. It's supply and demand. After all, if a population is healthy, there's no need for dis-ease control.

At Absolute Health Chiropractic, we invite you to join our health care revolution. Let us help you, your friends and loved ones take a personal assessment of health habits and develop a healthy life strategy to serve you for years to come!



ABSOLUTE HEALTH CHIROPRACTIC

95 CLIFTWOOD DRIVE NE ♦ SUITE C ♦ SANDY SPRINGS, GA 30328
404-257-0188 ♦ askdr Cathy@clear.net ♦ www.dr-cathy.com