

KNOW THE FACTS ABOUT SICKCARE VS HEALTHCARE

By Dr. Cathy

From 1997 to 2007, the number of **prescription drugs** increased by 72% in the U.S. In 2008 the sales of prescription drugs fell for the first time in the U.S. in a decade. Even though this drop was only less than 1%, it could be ushering in a new era of better health for all of us.

Whether this trend change comes from current economic hard times with people cutting expenses at every turn, or a growing belief that drugs are being over-prescribed by doctors, this is a positive and welcome change.

The American health care system costs more than twice that of other industrial countries. Yet the rate of premature deaths from improper and expensive interventions is sky rocketing. Americans pay **\$7,600 annually per person** for "Healthcare", or what we're referring to as "SickCare", with incredibly poor results. We rank **LAST** out of 19 countries for unnecessary deaths. Reported side effects from a variety of "wonder drugs" and vaccines increased in the last year by a staggering 38%.

Here are some statistics:

- The average American, aged 19 to 64, is now on close to 11 prescription drugs
- The average annual prescription rate for seniors is 28 prescriptions per person
- Over 700,000 people visit emergency rooms each year as a result of adverse drug reactions. According to the AMA this accounts for up to 28% of hospital admissions.
- According to the FDA, about 106,000 deaths occur per year from "properly prescribed and administered" drugs, making it the fourth leading cause of death in the U.S. Fewer die from HIV/AIDS, suicide, accidents, or diabetes than from adverse drug reactions. Only about 10,000 die each year from illegal drug use.

Here are some good resources you can check out to get more information on the cost of conventional "healthcare":

- Statehealthfacts.org – health care statistics by state and category of spending, such as the cost of hospital care, physician and other professional services, and drugs.
- IMS – a company that tracks the pharmaceutical industry.

These statistics are scary folks. But there's more **GOOD NEWS** beyond the hopeful trend of dropping prescription drug use.

More people are turning to **Alternative Healthcare**, including **Chiropractic Care**, because it's **more effective, safer, and less expensive than conventional medicine**.

Now compare Chiropractic statistics:

According to an article published on Chiro.org comparing medical management to chiropractic management, there were significant decreases in these areas with chiropractic management.

Decreases of:

- 60.2% in-hospital admissions
- 59% hospital days
- 62% outpatient surgeries and procedures
- 83 % pharmaceutical costs



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Zone Healing Chiropractic Care is a proactive and preventative approach to getting healthy and staying healthy that's **safe, cost effective, and works**.

A **Zone Healing** adjustment averages \$70. The initial visit for a new patient is \$225, which includes an overall health consultation and your first zone healing adjustment. The cost of supplements vary with each individual. We offer an excellent line of natural supplements that enhance your body's natural ability to heal itself by supplying it with the nutrients it needs to regain health and keep it. A proactive program by the patient of proper diet and exercise can reduce the need for many supplements.

The ongoing treatment program also includes mental and emotional health through the teaching of life-enhancing principles found in the **Rays of Dawn** and **Concept-Therapy**.

This comprehensive, holistic approach to **creating and maintaining health** costs only about one third of the annual cost of conventional "SickCare", which generally treats symptoms and not causes of dis-ease. Insurance coverage can reduce out of pocket expense for chiropractic care.

Visit our website at www.dr-cathy.com for more information about how we can help you safely create health and keep it.

Thanks to Dr. Mercola at Mercola.com for his many informative articles on the current crises in health care.

